

GUIDANCE FOR PRIMARY CARE: LAST PHASE OF LIFE/END OF LIFE ‘ANTICIPATORY MEDICINES’

(The guidance has been developed in partnership with North West London Hospices, Acute and Community Health Trusts, Local Pharmaceutical Committee, and GP OOH services)

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THIS DOCUMENT DOES NOT OVERRIDE THE INDIVIDUAL RESPONSIBILITY OF HEALTHCARE PROFESSIONALS TO MAKE DECISIONS APPROPRIATE TO THE CIRCUMSTANCES OF THE INDIVIDUAL PATIENT, IN CONSULTATION WITH THE PATIENT AND/OR GUARDIAN OR CARER.

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**APPENDIX 1: PAN-LONDON SYMPTOM CONTROL MEDICATION AUTHORISATION
AND ADMINISTRATION RECORD (MAAR) CHART (EMIS AND SYSTMONE AUTO-
POPULATING TEMPLATE AVAILABLE IN NWL RESOURCE PUBLISHER)**

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1. INTRODUCTION

- 1.1 Patients coming towards the end of life may experience new or worsening symptoms for which they require urgent medication. It is essential that these patients and the healthcare professionals looking after them have immediate access to the medicines that can help them if their condition deteriorates or symptoms occur suddenly.

2. GENERAL MANAGEMENT

- 2.1 The patient's condition should be reviewed regularly as their needs change.
- 2.2 The patient should be supported to take food and drinks as long as they are able and want to, whilst considering the risks and benefits of assisted nutrition and hydration.
- 2.3 It is essential that up to date details of the patient's management plan are communicated to the patient and family and relevant healthcare professionals. All healthcare professionals are encouraged to utilise the London Urgent Care Plan (transitioning from Coordinate My Care during 2022). Contact your local borough for further information or NWL End of Life Care Programme nhsnwccg.endoflife@nhs.net.
- 2.4 For further guidance on symptom management and medication refer to the [Palliative Adult Network Guidelines plus](#).

3. ANTICIPATORY MEDICATION

- 3.1 It is important to ensure that suitable anticipatory medicines and routes are prescribed as early as possible.
- 3.2 When deciding which anticipatory medicines to prescribe, anticipate the likelihood of the symptoms occurring taking into account:
- [Pain](#)
 - [Nausea and Vomiting](#)
 - [Anxiety, Terminal Agitation](#)
 - [Respiratory Distress](#)
 - [Respiratory Secretions](#)

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- 3.3 Medicines for symptom control should only be given if needed for individual patient's symptoms.

4. PATIENT SUITABILITY FOR PROVISION OF ANTICIPATORY MEDICATION IN THE HOME

- 4.1 The patient will have been assessed by a qualified healthcare professional as actively deteriorating and in the last few weeks and this will have been communicated to the patient and family/carers wherever possible, as well as all healthcare professionals involved in their care.
- 4.2 The patient and family/carer must understand the purpose of the anticipatory medication and agree to the principle of anticipatory prescribing for end of life symptoms.
- 4.3 The patient may be dying of malignant or non-malignant disease
- 4.4 If there is uncertainty as to whether the patient is in the last few weeks, anticipatory prescribing should be considered only for those who have actively engaged in advance care planning discussions, favour a palliative approach to the management of their illness and have expressed the wish to avoid hospital admissions and remain at home.
- 4.5 Exercise **CAUTION** when managing patients;
- where there is a history or suspicion of drug misuse, or a history/suspicion among carers or visitors to the house, an individual risk assessment will be needed.
 - who are receiving active treatment or have an identifiable reversible cause that may require hospitalisation for investigation and treatment.

5. PROCEDURE FOR PROVISION OF ANTICIPATORY MEDICATION

- 5.1 The need for anticipatory medication should be part of the regular review of patients. The risks and benefits of prescribing/authorising in advance, particularly in a rapidly changing patient must be assessed and documented.
- 5.2 It is important to discuss the need for anticipatory medication with both patient and the family/carer. Discussions should include:

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- current medical situation and the plan of care.
- concept of anticipatory medication
- consent for medications to be left in the home

- 5.3 Prescribe anticipatory medicines for a minimum of 3 days to cover out of hours, weekends and bank holidays, but no more than is needed to relieve the symptoms. For patients who are on Continuous Subcutaneous Infusions (CSCI) the quantities of medicines prescribed should reflect needs of the individual patient.
- 5.4 If a patient is still managing medications orally continue with this route. The subcutaneous route may be used where the oral route is unavailable or inappropriate. Not all patients who are dying will require Subcutaneous medication.
- 5.5 Consider prescribing Oral, Sublingual or Buccal route.
- 5.6 For further information on oral, non-oral and non-parenteral medicines used for COVID-19 refer to the [Guidance on symptom control using oral, non-oral and non-parenteral routes of medication administration during.](#)
- 5.7 Patients or carers may also be taught how to administer medicines using the subcutaneous route useful resource have been developed by St Luke's Hospice link;
<https://www.stlukes-hospice.org/supporting-you/families-and-carers/resources/>.
- 5.8 Medication choices, doses and frequency may need to be modified for patients who are elderly and/or frail, patients with severe or advanced renal impairment (eGFR<30ml/min/1.73m²) and patients with dementia.
- 5.9 For patients who are already on an opioid patch (fentanyl or buprenorphine) for analgesia, this should be continued.
- 5.10 Prescriptions for any controlled drug are only valid for 28 days from the date on the prescription. The patient/carer should be advised to arrange for the medications to be dispensed and collected without delay.
- 5.11 Prescribers are strongly advised to restrict prescriptions for controlled drugs to 30 days' supply. In exceptional circumstances, where the

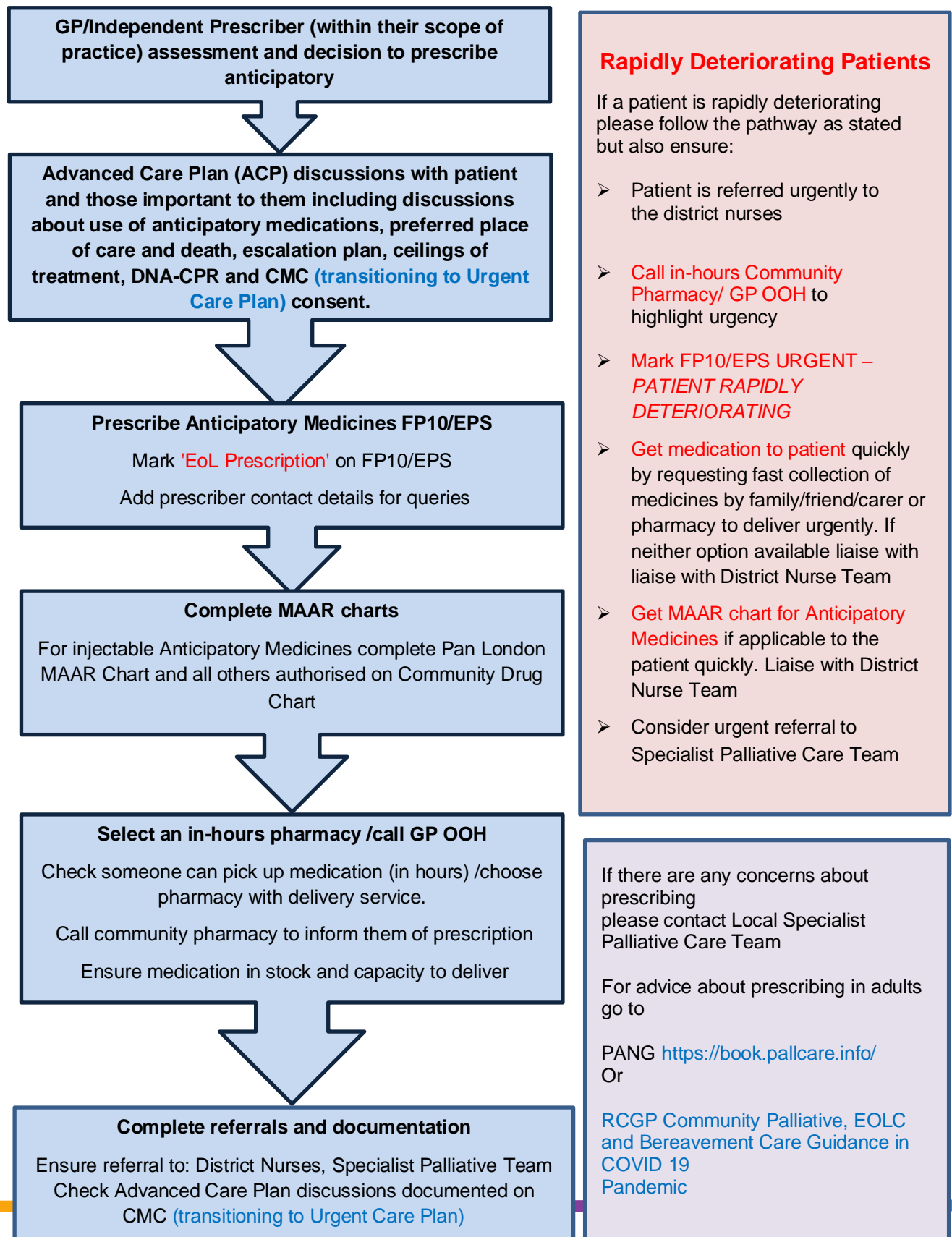
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prescriber believes more than 30 days' supply is clinically indicated and would not pose a threat to patient safety, the prescriber should make a note of the reasons in the patient notes and be prepared to justify his/her decision if required.

- 5.12 Proof of identity will need to be provided where the patient, or person on their behalf including a healthcare professional, is collecting Schedule 2 CDs, since it is a legal requirement for the pharmacist to determine whether the individual is a patient, their representative or a healthcare representative collecting on the patient's behalf.



6. PATHWAY FOR PRESCRIBING, AUTHORISING AND ACCESSING MEDICATION FOR PATIENTS AT THE END OF LIFE



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7. RECOMMENDED PRESCRIBING OF ANTICIPATORY MEDICATION ON FP10

Drug	Prescription Instructions Include Maximum Dose (Prescribe medicines required to manage symptoms and adjust dose and frequency depending on patient need and advise from Palliative Care Team/District Nurses)	Quantity (Adjust quantity depending on patient need and advise from Palliative Care Team/District Nurses)
Morphine Sulfate Injection (CD Schedule 2)	2.5mg to 5mg (0.25ml to 0.5ml) to be given by subcutaneous injection when required for pain or breathlessness up to 1-4 hourly. Consider 1.25mg to 2.5mg (0.125ml to 0.25ml) for frail elderly or if breathlessness is key concern (maximum 6 doses in 24 hours)	Supply 10 (Ten) x 10mg/1ml ampoules
Oxycodone (CD Schedule 2) (eGFR<30ml/min/1.73m ²)	1.25mg to 2.5mg(0.125ml to 0.25ml) to be given by subcutaneous injection when required for pain or breathlessness up to 2-4hrly (maximum 6 doses in 24 hours)	Supply 10 (Ten) x 10mg/ml ampoules
Haloperidol Injection	0.5mg to 1.5mg (0.1ml to 0.3ml) to be given subcutaneous injection when required for nausea 8 hourly	Supply 5 x 5mg/1ml ampoules
Cyclizine 1 st line in Hillingdon	25mg (0.5ml) to be given subcutaneously when required for nausea 8 hourly	Supply 10 x 50mg/ml ampoules
Midazolam Injection (CD Schedule 3)	2.5mg to 5mg (0.5ml to 1ml) to be given by subcutaneous injection when required for agitation/restlessness 2- 4 hourly	Supply 10 (Ten) x 10mg/2ml ampoules
Glycopyrronium Bromide Injection	200 micrograms to 400 micrograms (1ml to 2ml) to be given subcutaneously when required for respiratory secretions 6 - 8 hourly	Supply 5 x 200mcg/1ml ampoules
Water for Injection	Use as diluent	Supply 10 x 10ml ampoules
Sodium Chloride 0.9% Tri-borough	Use as diluent	Supply 10 x 10ml ampoules
Levomepromazine 2 nd /3 rd line	6.25mg to 12.5mg (0.25ml to 0.5ml) to be given subcutaneously when required for nausea and vomiting every 8 hourly	Supply 5 x 25mg/ml ampoules
Lorazepam tablets (if patient conscious) Prescribe PO to be used sublingually - recognised unlicensed indication.	0.5mg to 1mg to be given sublingually 2-4 hourly when required for breathlessness/ anxiety/ agitation (max 4mg/24 hours)	Supply 15 x 1mg tablets (Genus brand)

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- 7.1 If patient is already on an opiate based medicine then the dose must be individually calculated/ converted to ensure correct dose is available for parenteral (subcutaneous) PRN use.
- 7.2 For information on dose conversions refer to the [opiod dose calculator in the Palliative Adult Network Guidelines plus.](#)
- 7.3 Consult the [Palliative Adult Network Guidelines \(4th edition\) PANG.](#)
- 7.4 These medicines should also be written on a medicine administration chart; an example is included in [Appendix 1.](#)
- 8. AUTHORISATION AND ADMINISTRATION PAN LONDON SYMPTOM CONTROL MEDICATION (MAAR) CHART**
- 8.1 Patients are often cared for by a range of different NHS organisations and it is essential that the healthcare professionals looking after them have access to a standardised MAAR chart in order to ensure safe, effective and timely care.
- 8.2 *Please note that this is not a prescription and cannot be used to dispense medicines.*
- 8.3 An editable version is hosted by [RMOC London: Palliative and End of Life MAAR chart.](#)
- 8.4 EMIS and SystmOne template for auto-populating is also available.
- 8.5 The MAAR chart has 3 sections
 - 24 hours' continuous subcutaneous infusion with a syringe driver authorisation and administration chart
 - anticipatory (PRN) subcutaneous injections authorisation and administration chart
 - Crisis/emergency and regular injections authorisation and administration chart e.g. midazolam for catastrophic bleed.
- 8.6 When completing the MAAR chart;
 - all fields in the top box on charts 1, 2 and 3 including all patient details, prescriber name and GMC number need to be completed.

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- medication names, doses, frequency and indication need to be completed in full e.g. Morphine sulfate 10mg to 20mg
- Drug strengths and units must be written in full
- avoid using decimal points where possible e.g. prescribe glycopyrronium 200 micrograms NOT 0.2mg. A sample chart is included in [Appendix 1](#).

- 8.7 Medicines that are not anticipatory (e.g. insulin) and anticipatory medicines administered via non injectable routes (e.g. oromorph, butrans patches, suppositories) should be written up on a community drug chart available from the District Nurses.
- 8.8 For patients self-administering non injectable medicines there is no need for a community drug chart.
- 8.9 For MAAR charts that will be given to the patient/carer/district nurse (i.e. if taken directly to patient's home). The MAAR chart should be printed and signed and handed onto relevant person. It is good practice to scan and save copy into patient's notes on clinical system If chart to be sent electronically,
- 8.10 For electronic MAAR charts, 'electronically sign chart' enter name (type or scanned signature image), and include professional registration number on top of each of pages 1 to 3 of chart and type initials by each of the medications that is authorized. Completed MAAR chart should be emailed to District Nurses from validated secure account to another validated secure email address preferably nhs.net.

9. STORAGE AND DISPOSAL OF MEDICINES

- 9.1 The patient or carer is responsible for storing the medications in the house. Medicines need to be stored at the correct temperature, reference should be made to the patient information leaflet) and any medications requiring refrigeration should be stored accordingly.
- 9.2 Controlled drugs for all patients cared for within their own homes should ideally be stored in an easily identifiable clear plastic container for safe storage and ease of location within the patient's own home.

- 9.3 The healthcare professional should advise the patient/carer that the medication should be stored out of reach and sight of children if there are children present in the house, and should be accessible to the healthcare professionals caring for the patient.
- 9.4 The healthcare professional should indicate within the patients care plan where the medication is located. This will aid access to medicines by the multidisciplinary team.
- 9.5 A need for new stock / repeat prescription should be monitored by all healthcare professionals involved in the care of the individual patient. Stock levels should be noted at all visits.
- 9.6 The patient/carer should be advised that medicines which are no longer required should be returned to the community pharmacy for safe disposal.
- 9.7 Local Authorities provide a service for the safe collection and disposal of clinical waste from households which includes items like hypodermic needles, incontinence pads and dialysis waste. Sharps bins issued on prescription by the practice should be accepted from patients for disposal if necessary
- 9.8 The service can be requested by the patient when accompanied by a letter from the medical practitioner, such as the GP, District Nurse, Hospital or Clinic.

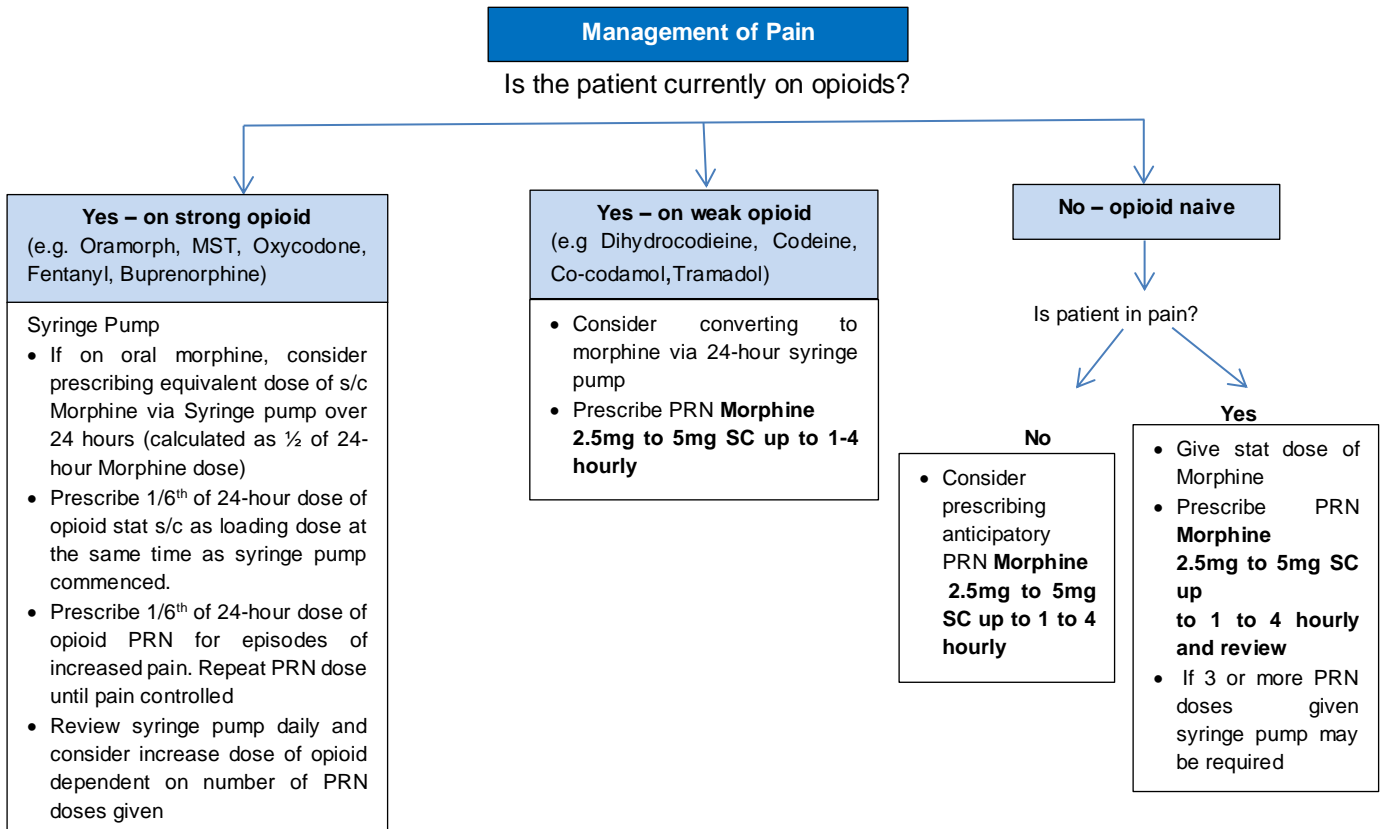
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10. SUBCUTANEOUS INJECTIONS FOR SYMPTOM CONTROL IN PALLIATIVE CARE

SYMPTOM	DRUG	PRN dose for breakthrough (subcutaneous, SC) Onset of action	SYRINGE DRIVER DOSE (continuous subcutaneous infusion, CSCI) over 24 hours Check Compatibility	Usual total Maximum dose/ 24 hours	Think box Consult Specialist Palliative Care Team for advice	Ampoule sizes available
PAIN	Morphine	2.5mg to 5mg if opiate naïve 1 to 4 hourly OR Divide 24h subcutaneous dose by 6, give 2 to 4 hourly. Increase PRN doses in line with syringe driver. <i>within 10-30 minutes</i>	For opiate naïve patients 5mg to 30mg For patients already taking oral morphine divide total 24h dose by 2 and set new range for CSCI.	Dose increases are not usually more than 30 to 50%. Seek advice if doses greater than 60mg are required or if patient has abnormal renal/liver function	Contact specialist for use of alternative opioids. Increase syringe driver by total PRN needed in 24 hours If on an opioid patch, leave in place and continue to change as normal unless otherwise advised	10mg, 15mg, 20mg, 30mg/ml in 1ml or 2ml amps
NAUSEA and VOMITING cause of nausea determines the anti-emetic choice	Haloperidol	0.5mg to 1.5mg every 8 hours <i>within 10-15 minutes</i>	1mg to 5mg	5mg	Metabolic causes Anxiolytic/sedative High doses for delirium and psychosis Avoid in Parkinson's disease.	5mg/1ml
	Metoclopramide	10mg to 20mg every 8 hours <i>within 15 minutes</i>	30mg to 60mg	40mg	Do not use if bowel colic prokinetic in upper GI tract. Caution in Parkinson's disease. Watch for akathisia/restlessness	10mg/2ml
	Cyclizine	25mg every 8 hours <i>within 2 hours</i>	75mg to 100mg	100mg	Useful in bowel obstruction and raised ICP. Avoid in heart failure	50mg/1ml
	Levomepromazine	6.25mg to 12.5mg every 8 hours 3.125mg as anti-emetic in very frail patients <i>within 30 minutes</i>	6.25mg to 25mg	25mg	2nd or 3rd line Also anxiolytic Avoid if risk of fitting Caution in Parkinson's disease	25mg/ml
ANXIETY, TERMINAL AGITATION	Midazolam	2.5mg to 5mg every 2 - 4 hours <i>within 5 – 10 minutes</i>	5mg to 30mg	60mg <i>(30mg in renal failure)</i>	Consider lorazepam 0.5 -1mg po as sublingual (recognised unlicensed indication) Think of cause e.g. pain/constipation/urinary retention	10mg/2ml
	Levomepromazine	6.25mg to 12.5mg every 8 hours <i>within 30 minutes</i>	12.5mg to 50mg	100mg	2nd line	25mg/ml
RESPIRATORY SECRETIONS	Glycopyrronium	200micrograms to 400micrograms every 6-8 hours <i>Within 30-40 minutes</i>	600micrograms to 1200 micrograms	1200 micrograms	Reposition patient Reassure relatives	200mcg/1ml 600mcg/3mls
SEIZURES	Midazolam	5mg to 10mg stat SC or IM for seizure lasting more than 5 minutes		60mg <i>(30mg in renal failure)</i>	if on anticonvulsant and now unable to take orally 2 nd dose repeated after 10 minutes if no effect and the patient is breathing normally.	10mg/2mls ampoules
	Buccal Midazolam	10mg Buccal stat				Buccolam® 10mg/2mls Epistatus® 10mg/ml

11. MANAGEMENT OF THE DYING PATIENT

- 11.1 The flow charts are a guide, medicines for symptom management should only be given if needed for individual patient's symptoms, depending on which medicines have helped the patient to date, which 'just in case' medicines have been prescribed and advice from Specialist Palliative Care Team.



- If $eGFR < 30\text{ml/min/1.73m}^2$ consider changing opiate to Oxycodone PRN or seek specialist advice
- If unable to swallow, convert to subcutaneous route via syringe pump
- If patient is on alternative opioids or Fentanyl/Buprenorphine patch seek specialist advice

To convert oral Morphine to SC, divide by 2
e.g. Oral Morphine immediate release 2mg $\div 2 =$ SC Morphine 1mg

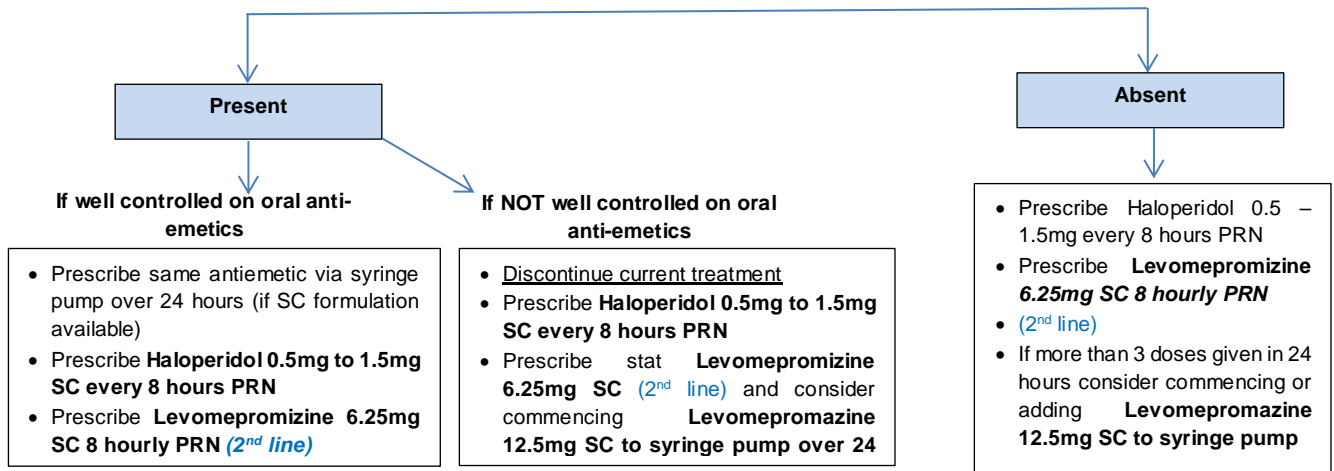
To convert from oral Morphine to a 24 hr CSCI, divide the total daily dose (regular + PRN) in the previous 24 hours by 2
Use Sodium Chloride 0.9% injection as diluent

e.g. In previous 24 hours:
Oral Morphine modified release 30mg BD + Oral Morphine immediate release 10mg x 2
Total daily oral Morphine dose = 80mg. Total daily SC dose = $80\text{mg} \div 2 = 40\text{mg}$
For CSCI Morphine 40mg over 24 hours

For prn SC dose, divide 24hr CSCI opioid dose by 6
CSCI 40mg over 24 hours $\div 6 = 5\text{mg to }10\text{mg}$
For Morphine 5mg to 10mg SC prn

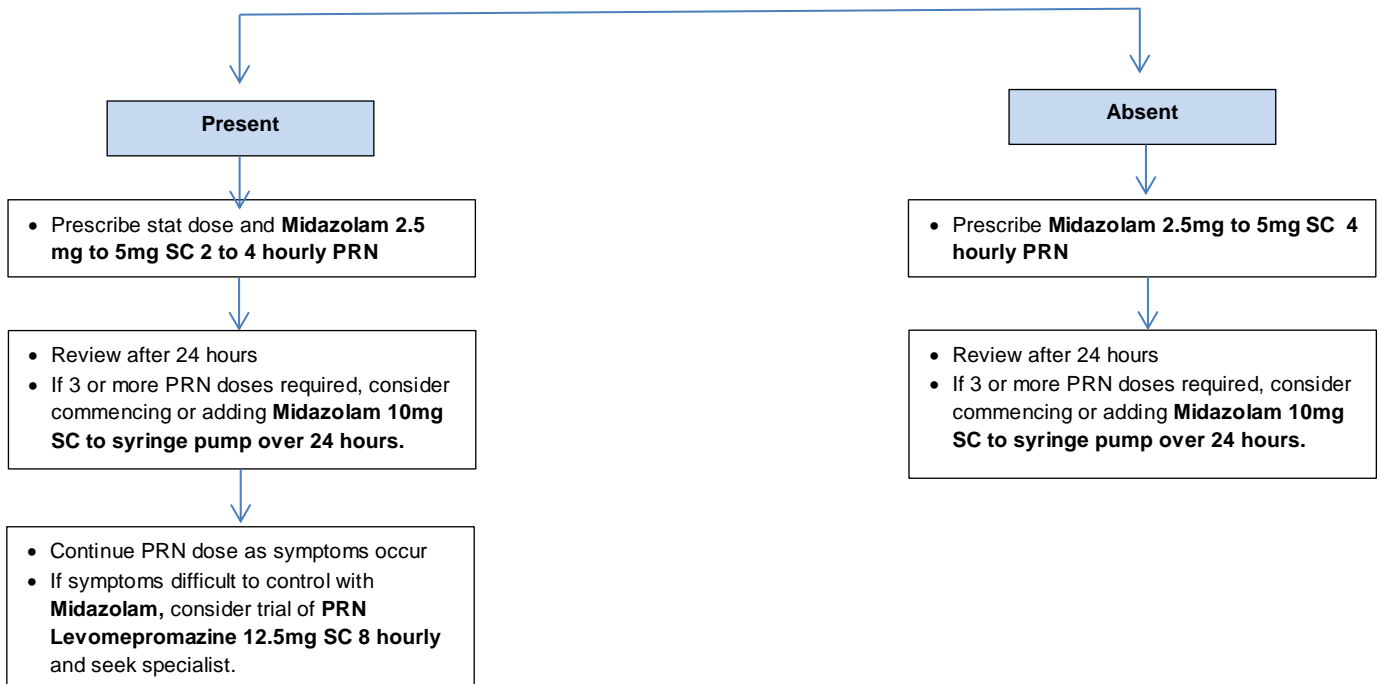


Management of Nausea & Vomiting



- Review drug/dose/frequency for patients who are elderly, frail, have dementia or renal failure.

Management of Agitation & Restlessness

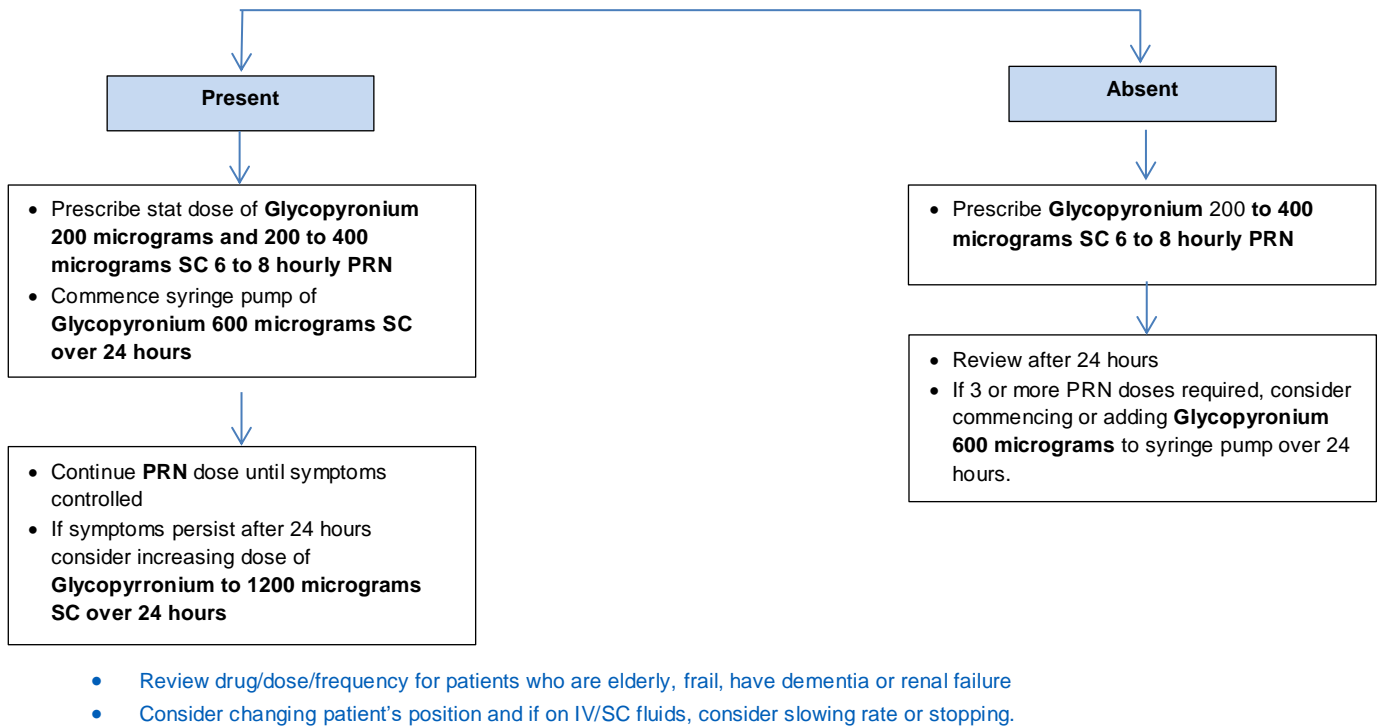


- The preparation of Midazolam injection that MUST be prescribed and used is 10mg in 2ml
- The management of agitation & restlessness does not usually require the use of opioids unless pain is thought to be the cause
- Review drug/dose/frequency for patients who are elderly, frail, have dementia or renal failure
- If symptoms persist, contact local Specialist Palliative Care team for advice.

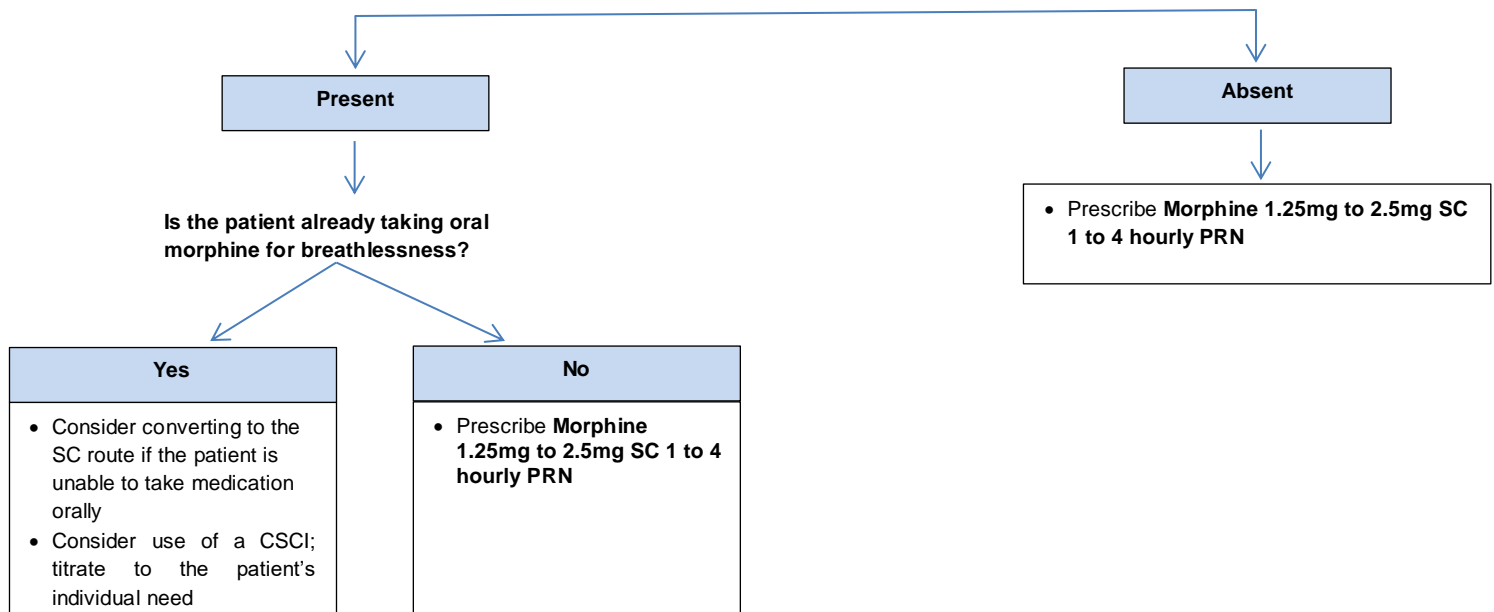
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Management of Respiratory Secretions



Management of Breathlessness/ Dyspnea



- If the patient is breathless and anxious, consider Midazolam 2.5mg SC stat PRN
- Review drug/dose/frequency for patients who are elderly, frail, have dementia or renal failure
- If symptoms persist, contact local Specialist Palliative Care team for advice.

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12. ACCESS TO IN-HOURS ANTICIPATORY MEDICINES

- 12.1 There are a number of pharmacies across North West London who stock these palliative care medicines during pharmacy opening hours. Please refer to the individual Borough Community Pharmacy Contact Details.
- 12.2 The aim of the service is to allow rapid access to medicines commonly prescribed in palliative (or 'End of Life') care, to enable a greater percentage of patients to die in their own home, if they wish to.
- 12.3 The participating pharmacies providing the in-hours service will hold the specified list of medicines and will dispense these in response to an NHS prescription.
- 12.4 If the participating pharmacy is not able to dispense the required medication within a reasonable timeframe, or at least on the same day, the pharmacy must make arrangements on behalf of the patient or carer for another pharmacy locally to dispense the required medication (e.g. telephone another local pharmacy on the list of pharmacies providing in hours palliative drugs service or wholesalers to check they have the required medications and help to get the prescription sourced).
- 12.5 On the very occasional incidences where medicines are not available in any pharmacy (e.g. manufacturing problems) the participating pharmacy will liaise directly with the prescriber to identify a suitable course of action.
- 12.6 For opening times of pharmacies not commissioned to provide the Access to anticipatory medicines service please refer to the My Health London <http://www.myhealth.london.nhs.uk/>.

12.7 In hours list of on Demand Anticipatory Medicines

Medicine	Strength	Pack size	Qty held by pharmacy
Cyclizine tablets	50mg	100	1 x 100
Cyclizine injection	50mg/ml	5	2 x 5
Dexamethasone injection	3.3mg/ml	10	1 x 10
Dexamethasone tablets	2mg	50	30 tablets
Glycopyrronium bromide injection	200micrograms/ml	10	1 x 10
Haloperidol tablets	1.5mg	28	28 tablets
Haloperidol injection	5mg/ml	10	5 amps
Hyoscine butylbromide injection	20mg in 1ml	10	1 x 10
Levomepromazine tablets	25mg	84	28 tablets
Levomepromazine injection	25mg in 1ml	10	1 x 10
Lorazepam tablets (Genus®) for use sublingually)	1mg	28	28 tablets
Metoclopramide injection	10mg in 2ml	10	1 x 10
Metoclopramide tablets	10mg	28	28 tablets
Water for injection	10ml	10	1 x 10
Sodium Chloride 0.9% injection	10ml	10	1 x 10
CONTROLLED DRUGS			
Medicine	Strength	Pack size	Qty held by pharmacy
Midazolam injection	10mg/2ml	10	1 x 10
Midazolam oromucosal solution pre-filled oral syringes sugar free (<i>Buccolam®</i>)	10mg/2ml	4	2 x 4
Morphine Sulfate oral solution	10mg/5ml	100ml	3 x 100 ml
Morphine Sulfate MR tablets	5mg	60	30 tablets
Morphine Sulfate MR tablets/capsules	10mg	60	30 tablets/capsules
Morphine Sulfate MR tablets /capsules	30mg	60	30 tablets/capsules
Morphine Sulfate injection	10mg/ml	10	1 x 10
Morphine Sulfate injection	30mg/ml	10	1 x 10
Oxycodone injection	10mg/1 ml	5	1 x 10
Oxycodone injection	50mg/1 ml	5	1 x 5
Oxycodone SR tablets (Longtec®)	5mg	28	28 tablets
Oxycodone SR tablets (Longtec®)	10mg	56	56 tablets
Oxycodone SR tablets (Longtec®)	30mg	56	56 tablets
Oxycodone 5mg/5ml oral solution sugar free	5mg/5ml	250 ml	1 x 250ml

12.8 COVID -19 list of Anticipatory Medicines (addendum to in-hours)

Medicine	Strength	Pack size	Qty held by pharmacy
Prochlorperazine buccal tablet	3mg	8	1 x 8
Granisteron transdermal patch (sancuso)	3.1mg patch	1	1
Ondansetron melts	4mg	10	1 x 10
Scopoderm®(hyoscine) transdermal patch	1mg/72hours	2	1 x 2
Kwells® (hyoscine hydrobromide) tablets	300 micrograms	12	1 x 12
Paracetamol suppositories	1g	10	1 x 10

Controlled Drugs	Strength	Pack size	Qty held by pharmacy
Buprenorphine patches	15 micrograms/hr	4	1 x 4 Patches
Buprenorphine patches	20 micrograms/hr	4	1 x 4 Patches
Fentanyl patches	12 micrograms/hr	5	1 x 5 Patches
Fentanyl patches	25 micrograms/hr	5	1 x 5 Patches
Fentanyl sublingual tablets	100 micrograms	10	1 x 10
Concentrated oral solution morphine	20mg/ml	30 ml	1 x 30ml

12.9 Brent Community Pharmacy Contact Details

Pharmacy Details					Opening Hours		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Carters Pharmacy	524-526 High Road Wembley HA9 7BS	Hina Ansari	Tel: 020 8903 4222	Carterspharmacy524@gmail.com	9am-7pm	9am-6pm	CLOSED
Churchills Pharmacy	207 Kenton Road, Harrow HA3 0HD	Naresh Shah	Tel: 020 8907 3511 Fax: 020 8909 1529	churchills.pharmacy@nhs.net	9am-6pm	9am-1pm	CLOSED
Gimmack Pharmacy	177 Cricklewood Broadway London NW2 3HT	Kamlesh Rajani	Tel: 020 8452 2418	info@mgpharmacy.co.uk	9am-6pm	9am-6pm	CLOSED
G.Lowe Pharmacy	203 East Lane North Wembley HA0 3NG	Suresh Raja	Tel: 020 8904 4197 Fax: 020 2904 4343	glowepharmacy@gmail.com	9am-7pm	9am-6pm	CLOSED
Greenfield Pharmacy	61 Chamberlayne Road London NW10 3ND	Jitendra Kachela	Tel: 020 8969 4474 Fax: 020 8969 4474	parkwaters@hotmail.co.uk	9am-7pm	9am-6pm	CLOSED
Health Pharmacy	122 Winderemere Avenue Wembley HA9 8RB	Mr Kiran Parikh	Tel: 020 8904 2900	KPARIKH2@hotmail.co.uk	10am- 6pm	10am- 1pm	CLOSED
Kings Pharmacy	343 Kilburn High Road Kilburn NW6 7QB	Vimal Shah	Tel: 020 7625 8582 Fax: 020 7625 8582	kingspharmacy343@ntlworld.com vimal.shah@nhs.net	9am-7pm	10am-2pm	CLOSED
Leigh Pharmacy	278 Church Lane London NW9 8LU	Hema Patel	Tel: 020 8205 6729 Fax: 020 8205 6729	Leigh.pharmacy@nhs.net	9am-6pm	9.30am-1pm	CLOSED
Peace Pharmacy	14 The Broadway Preston Road Wembley HA9 8JU	Ragesh Vahadia	Tel: 020 8904 2071 Fax: 020 8385 1140	vaghadia@btopenworld.com	9am-10pm	9am-10pm	9.30am-10pm
Rushton Pharmacy	275-277 Preston Road Harrow HA3 0PS	Manoj Bharania	Tel: 020 8904 6145	Rushton.pharmacy@nhs.net	9am -6.30pm Thursday 9am - 6pm	9am-1pm	CLOSED
S&S Chemists	40 Harrow Road Wembley HA9 6PG	Anilkumar M Patel	Tel: 020 8965 1328 Fax: 020 8963 1237	anishpatelsns@gmail.com	9am-7pm	9am-6pm	CLOSED
S&S Chemists	23 Hillside London NW10 8LY	Anilkumar M Patel	Tel: 020 8965 3562 Fax: 020 8963 1237	anishpatelsns@gmail.com	9am-7pm	9am-1pm	CLOSED
Sudbury Chemist	879 Harrow Road Wembley HA0 2RH	Chandrakant Shah	Tel: 020 8908 2451 Fax: 020 8908 2451	info@sudburychemist.co.uk	9am-6.30pm	9am - 5pm	CLOSED
Tyrest Pharmacy	427-429 Kenton Road Middlesex HA3 0XY	Snighda Shah	Tel: 020 8204 2412 Fax: 020 8204 2412	teyrestpharmacy@gmail.com	9am-7pm	9am-2pm	CLOSED
Wembley Pharmacy	183 Ealing Road Wembley HA0 4LW	Jigna Vora	Tel: 020 8795 3636 Fax: 020 8795 2323	info@wembleypharm.co.uk	7am-11pm	7am-11pm	12pm-5pm

12.10 Ealing Community Pharmacy Contact Details

Pharmacy Details					Opening Hours		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Anmol Pharmacy	97 North Road Southall, UB1 2JW		020 8606 9269	sukhdev.kainth@nhs.net	7am-11.30pm	6am-11.30pm	Closed
Jade Pharmacy	3 Crosslands Parade, Crosslands Av, Southall, UB2 5RB		020 8574 2983	nhspharmacy.southall.jade@nhs.net	9am-7pm	9am-1pm	Closed
Gill Chemist	31-33 King Street, Southall, UB2 4DG		020 8571 1555	nhspharmacy.southall.gillchemists@nhs.net	9am-8.30pm	9am-8.30pm	12pm-7.30pm
Zahra Pharmacy	72 High Street, Acton, W3 6LE		020 8993 8499	nhspharmacy.72highst.zahrapharmacy@nhs.net	6.30am-10.30pm	8am-8pm	9am-6pm
Asda In-Store Pharmacy	Park Royal Industrial Est, 2-20 Western Road, NW10 7LW		020 8951 9119		8am-1pm 2pm-8pm	8am-1pm 2pm-8pm	11am-5pm
Harbs Pharmacy	193 South Ealing Road, W5 4RH		020 8568 9068	harbs.pharmacy@NHS.net	8am-11pm (Mon) 7am-11pm (Tues-Fri)	7am-10pm	11-5pm
Mattock Lane Pharmacy	8 St Johns Parade, Ealing, W13 9LL		020 8567 9153	mattocklanepharmacy@nhs.net	8.45am-7pm	9am-5pm	Closed
Remedy Pharmacy	83 Greenford Avenue, Hanwell, W7 1LJ		020 8567 2032	nhspharmacy.ealing.remedypharmacy@nhs.net	9am – 6.30pm	10am-1pm	Closed
Ariana Pharmacy	472 Greenford Road, Greenford, UB6 8SQ		020 8575 6600	info@arianapharmacy.co.uk	9am-7pm	9am-7pm	10am-6pm
Alpha Chemist	480 Church Road, Northolt, Middlesex, UB5 5AU		020 8845 5793	alphachemist@nhs.net	9am-6pm (Wed 9am-5.30pm)	9am-1pm	Closed
Watmans Pharmacy	179 Bilton Road, Perivale, UB6 7HQ		020 8998 7727	nhspharmacy.perivale.watmans@nhs.net	8.30am-6.30pm	9am-1.30pm	Closed
Banks Chemist	59 Old Oak Common Lane, East Acton London W3 7DD		020 8743 3887	avnipatel@wellcarepharmacy.co.uk	9am – 6.30pm	9am – 4.30pm	Closed

12.11 Harrow Community Pharmacy Contact Details

Pharmacy Details					Opening Hours		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Care Chemists	5 Buckingham Parade The Broadway Stanmore HA7 4EB		020 89540265		9am-6.30 pm	9am-5.30pm	CLOSED
Carters Chemist	24 Bridge Street 24 Bridge Street Pinner Middlesex HA5 3JF	Mr Alakh Patel	0208 8660053	info@carterschemist.co.uk	9am-6pm	9am-5.30pm	CLOSED
Kings Pharmacy	903 Honeypot Lane Stanmore Middlesex HA7 1AR		020 8952 1260	kingspharmacy903@outlook.com	9am – 6.30 pm	9am-1pm	CLOSED
Lloyds Pharmacy	5 Warwick Parade Belmont Circle Harrow HA3 8SA		0208 9072720	lp0452@lloydspharmacy.co.uk	10am-9 pm (closed for lunch 1-2pm)	10am-9pm (closed for lunch1-2pm)	10am-5pm (closed for lunch1-2pm)
Murrays Chemist	172 Kenton Road Kenton Harrow Middlesex HA3 8BL	Mr Chandrakant Patel	0208 9070413	C.patel@murrayschemist.co.uk	9am-7pm	9am-2pm	Temporary opening during Covid -19 11am-2pm
Shaftesbury Pharmacy Ltd	6 Shaftesbury Parade Shaftesbury Avenue South Harrow HA2 0AJ	Mr Deepak Thakerar	0208 864 9436		9am-7pm	10am-1pm	CLOSED
The Harrow Pharmacy	73 Station Road Harrow HA1 2TY		0208 427 9204	harrowpharmacy@yahoo.co.uk	7.45am-10.45pm	8am-9pm	9am-9pm
Tanna Chemist	320 Uxbridge Road Hatch End Pinner Middlesex HA5 4HR		0208 4284195	tannapharmacy@gmail.com	9am-6.30pm (BH 2pm-5pm)	9am-5.30pm	CLOSED

12.12 Hillingdon Community Pharmacy Contact Details

Pharmacy Details					Opening Hours*		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Vantage Pharmacy	252 Kingshill Avenue, Hayes, UB4 8BZ		020 8845 5967	statue2ltd@gmail.com	9am - 6pm	9am – 2 pm	Closed
Daya Ltd	750 Uxbridge Road, Hayes, UB4 0RU		020 8573 3084	daya.pharmacy@nhs.net	9am – 7.30pm	9am – 6pm	Closed
Pickups Chemist	20-21 Broadway Parade Coldharbour Lane Hayes UB3 3HF		02085731322	pickuppharmacy@aah-n3.co.uk	8.30am-9pm	9am – 2pm	10am – 4pm
Lawtons Pharmacy	8 Crescent Parade, Uxbridge Road, Hillingdon, UB10 0LG		01895 232876	enquiries@lawtonpharmacy.com	9am – 9pm	9am – 9pm	9am – 9pm
Phillips Pharmacy	84 High Street, Yiewsley, Middlesex UB7 7DS		01895 443695	phillips.chemist@googlemail.com	9am – 6.30pm	9am – 6pm	10am – 4pm
Dana Pharmacy	100 Victoria Road, Ruislip Manor, Middlesex, HA4 0AL		01895 639022	info@danapharmacy.co.uk	9am – 6pm	9am – 1pm	Closed
Carter Chemist	112-114 High Street, Northwood, Middlesex, HA6 1BJ		01923 825753	carter.chemist@nhs.net	9am – 7pm	9am – 1pm	Closed
Sharmans Pharmacy	3 Clive Parade, Maxwell Road, Northwood, HA6 2QF		01923 825288	info@sharmanspharmacy.com	9am – 7pm on Mon, Weds, Thurs, Fri 9am – 6pm on Tues	9am – 5.30pm	10am – 2pm
Ross Pharmacy	28 Joel Street, Northwood Hills, HA6 1PF		01923 821596	info@rosspharmacy.com	9am – 6.30pm	9am – 6pm	Closed

12.13 Hounslow Community Pharmacy Contact Details

Pharmacy Details					Opening Hours		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Asda In-Store Pharmacy	Tilley Road Feltham TW13 4BH		020 8831 2410		8am-8pm	8am-8pm	11am-5pm
Asda In-Store Pharmacy	Off Alexander Road Hounslow TW3 1NL		0208 607 1020		8am-8pm	8am-8pm	11am-5pm
Campbells Chemist Email:	300-302 Chiswick High Rd Chiswick London W4 1NP		020 8994 0656	info@campbellschemist.co.uk	9am-6.45pm	9am-5.30pm	Closed
Herbert and Herbert Chemist	106 Staines Road Hounslow Middlesex TW3 3LH		020 8577 2187	info@hounslowpharmacy.com	9am-7pm	9am-7pm	9am-7pm
Hounslow East Pharmacy	84 Kingsley Road Hounslow Middlesex TW3 1QA		020 8814 6040	info@hounsloweastpharmacy.co.uk	7am-11pm	7am-11pm	12pm-6pm
Jade Pharmacy	174-176 Heston Road Heston Hounslow Middlesex TW5 0QU		020 85704219	hestonroad@jadepharmacy.co.uk	9am-7pm	9am-6pm	Closed
Jade Pharmacy	570 London Road Isleworth Middlesex TW7 4EP		020 8560 1444	isleworth@jadepharmacy.co.uk	9am-7pm	9am-1pm	Closed
Jade Pharmacy	317-319 Vicarage Farm Road, Heston, Hounslow TW5 0DR		020 8570 3579	vfr@jadepharmacy.co.uk	9am-7pm	9am-7pm	Closed

12.14 Tri-Borough Community Pharmacy Contact Details

Pharmacy Details					Opening Hours		
Pharmacy	Address	Pharmacy Lead	Telephone/Fax Number	Email Address	Monday-Friday	Saturday	Sunday
Westminster Pharmacies							
Pharmacentre	149 Edgware Road W2 2HU		020 77232336	nhspharmacy.london.pharmacentrefct73@nhs.net adrienn.esik@nhs.net surud.hiwaizi@nhs.net	09:00 – 23:59	09:00 – 23:59	09:00 – 23:59
Bayswater Pharmacy	39-41 Porchester Road Bayswater W2 5DP		0207 727 5713	pharmacy.ffn81@nhs.net	09:00 – 19:00	09:00 – 18:00	11:00 – 17:00
Clinichem	29 Upper Tachbrook Street SW1V 1SN		020 78281222	sukhvir.basra@nhs.net pharmacy.fyr46@nhs.net	Mon, Wed, Fri: 09:00 – 18:00 Tue, Thu: 09:00 – 20:00	09:00 – 13:00	CLOSED
Portmans Pharmacy	93-95 Tachbrook Street SW1V 2QA		020 78342816	portmans.pharmacy1@nhs.net	09:00 – 18:30	09:00 – 17:30	CLOSED
Woods Chemist	27-29 Church Street NW8 8ES		020 77237720	woods.chemist1@nhs.net	09:00 – 19:00	10:00 – 16:00	CLOSED
Market Chemists	91-93 Church Street NW8 8EU		020 7723 1944	market.chemist@nhs.net	9.30 - 19:00	9:30 - 17:00	CLOSED
Kensington & Chelsea							
Medicine Chest	413-415 Kings Road SW10 0LR		020 7351 1142	medicinechest@nhs.net	09:00 – 18:30	09:00 – 18:30	10:00 – 14:00
Boots the Chemist	127A Kensington High Street, W8 5SF		020 7937 9533	pharmacy.fm115@nhs.net	08:00 - 21:00	12:00 - 18:00	12:00 – 18:00
Boots the Chemist	228-232 Fulham Road SW10 9NB		020 7823 3445	nhspharmacy.fulham.bootsflr83@nhs.net	09:00 – 19:30	09:00 – 18:00	10:00 – 18:00
Baywood Chemist	239 Westbourne Grove W11 2SE		020 7229 4553	baywood.chemist@nhs.net	09:30- 17:30	09:30- 17:30	Closed
Spivack Chemist	173 Ladbrooke Grove, W10 6HJ		020 8969 1483	spivack.chemistlg@nhs.net	09:00 – 19:00	10:00 – 14:00	Closed

12.15 **Tri-Borough Community Pharmacy Contact Details Contd**

Hammersmith & Fulham							
Caregrange Pharmacy	9 Goldhawk Road Shepherds Bush W12 8QQ		0208 740 9443	caregrange@gmail.com	10:00 – 18:00	12:30 – 16:00	CLOSED
Kanari Pharmacy	682-684 Fulham Road SW6 5SA		0207 736 1500	kanari.pharmacy@gmail.com Pharmacy.fxq10@nhs.net	09:30 - 18:00	10:00 - 17:00	CLOSED
Globe Chemist	8 Kings Parade Askew Road W12 9BA		0208 740 9899	nhspharmacy.london.globechemistfq417@nhs.net	10:00 – 12:00 12:30:17:30	10:00 – 12:00	CLOSED
Chana Chemist	5 Regal Centre 402 North End Road SW6 1LU		020 7381 0017	chana.chemistfulham@nhs.net	09:00 – 19:00	09:00 – 13:00	CLOSED

13. ACCESS TO OUT OF HOURS ANTICIPATORY MEDICINES

- 13.1 GPs, Hospices, Health Care Professionals, Care Homes, and Community Health Trusts can access the community pharmacies commissioned to provide anticipatory palliative care medicines out-of-hours (OOH) via a single point of access (SPA) NHS 111 or NHS111*6 if calling from a care home, NHS 111*7 for healthcare professional bypass through the GP OOH service, Practice Plus or LCW.
- 13.2 There are three rotas operating in NWL, Brent, Ealing & Hounslow and Harrow and Hillingdon and Tri-borough.
- 13.3 Callers are requested to check the opening hours of the in-hours community pharmacy within the borough prior to calling NHS 111, for Care Homes NHS 111*6.
- 13.4 Callers should request the 'Pharmacy On Demand Service for Anticipatory Medicines' when calling NHS 111/ NHS 111*6 and state which borough they are calling from.
- 13.5 The GP OOH service will be able to:
- prescribe anticipatory medicines and complete MAAR chart
 - refer to District nurses
 - access OOH community pharmacy rota for supply and delivery of medicines out of hours

13.6 Community Pharmacy Out of Hours List of On Demand Anticipatory Medicines

Medicine	Strength	Pack size	Qty Held by Pharmacy
Morphine Sulfate Solution	10mg/5ml	100ml	3 x 100ml
Paracetamol Suppositories	500mg	10	10
CONTROLLED DRUGS			
Medicine	Strength	Pack size	Qty Held by Pharmacy
Diamorphine injection	10mg amps	5	2 x 5
Morphine sulfate injection	10mg/ml	10	10
Oxycodone injection	10mg/1 ml	5	2 x 5

13.7 GP OOH Service

The GP OOH service Practice Plus and LCW carry a small stock of medicines for anticipatory prescribing as detailed in the tables below.

13.8 Practice Plus UK Medicines Stock List

Medicine – Palliative Care	Strength	Pack size	Qty Held
Cyclizine injection	50mg/ml	5	1x 5
Glycopyrronium bromide injection	200micrograms/ml	10	1x 10
Levomepromazine injection	25mg/1ml	10	1x 10
Procyclidine Injection	10mg/2ml	5	1 x 5
Controlled Drugs	Strength	Pack size	Qty Held
Midazolam injection	10mg/2ml	10	1 x 10
Medicine - Analgesia	Strength	Pack size	Qty Held
Diclofenac Sodium Injection	75mg/3ml	10	1x 10
Controlled Drugs	Strength	Pack size	Min. Qty Held
Tramadol Hydrochloride injection	100mg/2ml	5	1 x 5
Medicine - Gastrointestinal	Strength	Pack size	Qty Held
Hyoscine Butylbromide injection	20mg /1ml	10	1x 10
Metoclopramide Hydrochloride injection	10mg/2ml	10	1 x 10
Prochlorperazine Buccal Tablets	3mg	8	1 x 8
Prochlorperazine Mesylate injection	12.5 mg/1ml	10	1 x 10
Medicine – Psychiatric/CNS	Strength	Pack size	Qty Held
Diazepam Injection	10mg /2ml	10	1x 10
Diazepam Rectal Solution Tubes	5mg	5	1 x 5
Haloperidol Injection	5mg/1ml	10	1 x 10

13.9 LCW Palliative Care Box

Medicine	Strength	Pack size	Qty held
Cyclizine tablets	50mg	100	1 x 100
Cyclizine injection	50mg/ml	5	1 x 5
Dexamethasone injection	3.3mg/ml	10	1 x 10
Dexamethasone tablets	2mg	50	50 tablets (pre-pack)
Dexamethasone SF Solution	2mg/5ml	150ml	1 x 150ml
Furosemide Tablets	40mg	28	28 tablets (pre-pack)
Furosemide Injection	20mg/2ml	10	1 x 10
Glycopyrronium bromide injection	200micrograms/ml	10	1 x 10
Haloperidol capsules	500 micrograms	30	30 capsules
Haloperidol injection	5mg/ml	10	1 x 10 amps
Hyoscine butylbromide injection	20mg in 1ml	10	1 x 10
Levomepromazine injection	25mg in 1ml	10	1 x 10
Lorazepam tablets (Genus/ for use sublingually)	1mg	28	28 tablets
Water for injection	10ml	10	2 x 10
Sodium Chloride 0.9% injection	10ml	10	2 x 10
CONTROLLED DRUGS ((held at Cockfosters)			
Medicine	Strength	Pack size	Qty Held
Diamorphine injection	5mg	5	
Midazolam injection	10mg/2ml	10	
Morphine sulfate oral solution	10mg/5ml	100ml	
Morphine sulfate injection	10mg/ml	10	
Morphine sulfate injection	30mg/ml	10	
Oxycodone injection	10mg/1 ml	5	
Oxycodone 5mg/5ml oral solution sugar free	5mg/5ml	250 ml	
Tramadol Injection	100mg/2ml	5	



14. SPECIALIST PALLIATIVE CARE CONTACT DETAILS

14.1 For all Referrals use the '[For all age Pan London Specialist Palliative Care Referral Form 2021](#)'

14.2 Brent

24/7 advice via all Inpatient Units (Marie-Curie Hampstead, St John's, St Luke's IPU telephone advice 9pm -7.30am)

Pembridge Hospice 24/7 advice line

St John's All Brent

Inpatient unit 18 beds

Admissions/advice
Referrals: Mon - Sun 09:00-17:00

Tel: 07725 258767

Tel: 020 7806 4040

Email: nhsnwccg.stjohnsreferrals@nhs.net

Hospice at Home All Brent 24/7

14 days intensive palliative care

Tel: 020 7806 4027 or via inpatient
2 hour response

Referrals:

- Terminal Care last 2 weeks of life
- Admission Avoidance
- Facilitated discharge
- Respite Care
- Escorting a patient

Email: nhsnwccg.stjohnsreferrals@nhs.net

St Luke's Hospice Brent

Inpatient unit 12 beds

Admissions/advice

Referrals: Mon-Fri 9.00 – 16.00

Sat/Sun pre-planned admissions of known patients
9:00-15:00

For urgent admissions contact the Hospice Services
Navigator 07593 135 303

Tel: 0208 382 8046 (out of hours)

Email: LNWH-tr.referralsstlukes@nhs.net

Hospice at Home North Brent

14 days' intensive palliative care

Tel: 0208 382 8020/8050: Mon-Fri 9.00 to 5pm

Email: haroccg.hospiceathomestlukes@nhs.net

Fast Track All Brent

FT Brokerage: Provides HCA packages of care for fast track patients. For Brent and Harrow for first 2 weeks. Patients then transferred back to CHC
Referrals: Mon - Sat 09.00 - 16.00 Sun 8:30 - 20:30
On-call until 8.30 pm (advice for known patients)
Referrals after 4pm dealt with next working day

Tel: 020 8382 8050 (until 11pm) or via inpatient

Email: LNWH-tr.referralsstlukes@nhs.net

24/7 advice Pall24 Helpline for North Brent and Harrow

Telephone: 03000 200 224

Email: haroccg.palliativehelpline@nhs.net

24 Hour Services

Marie-Curie Hampstead Hospice – All Brent

Inpatient Unit 15 beds

Access Admissions & Discharge Co-coordinator
08:30 – 16:30
on the following contact details:

Telephone: 020 7853 3449 / 020 7853 3400
Mobile: 07515134789

Email: inpatientunit.hampsteadhospice@nhs.net

Pembridge Hospice – All Brent

24 hour / 7days a week telephone advice Line

Tel 020 8102 5000

Clcht.spa.referral@nhs.net or
clcht.pembridgeunit@nhs.net

District Nurses

Mon – Sun

Twilight 17:00- 00:00 + Night shift 00:00– 08:30
Base: Harlesden Branch Matron

Tel: 0203 188 7229

Email: CLCHT.BrentSPA@nhs.net

Marie-curie overnight Nurses (inc care homes)

Via St Luke's Hospice Community/Hospice @ home team

Tel: 0208 382 8013

Email: LNWH-tr.referralsstlukes@nhs.net

Overnight services



District Nursing

The service operates between 08:30 - 17.00, Mon- Fri
Referrals for same/next day appointments need to be
received by 16.30pm, Monday to Friday.

All referrals should be sent to the Brent DN SPA
(Single Point of Access)

Tel: **0208 102 3456 option 2**
E-mail: **CLCHT.BrentSPA@nhs.net**

Community Specialist Palliative Care South Brent – Pembridge

Operates: 08:30- 17:00 Mon-Sun
Weekends and BH 09.00-17.00

Tel: 020 8102 5000
All referrals via SPA
Email: **CLCHT.spa.referral@nhs.net**

Areas covered: include
Harlesden, Willesden, Kilburn, Neasden
south of north circular Brent, except the St
Raphael's Estate)

Out of hours telephone Advice line
operated between Mon-Fri 17.00 – 08.30
Weekends and BH 17.00 -09.00
Tel: 020 8102 5000

For any other Email correspondence
clcht.pembridgeunit@nhs.net

All referrals via SPA email with telephone numbers below for GP queries

Area	Address
Brent North Wembley Matron: Angel Nduku 07884752740	Wembley House 116 Chaplin Road, Wembley, Middx, HA0 4UZ
Brent North Chalkhill Matron: Angel Nduku 07884752740	Chalkhill Primary Care Centre 113 Chalkhill Road Wembley HA9 9FX
Brent South Harlesden Matron: Kindy Kaur 07584 641897	Hillside PC, 150 Hilltop Avenue, London NW10 8RY
Brent South Willesden Matron: Kindy Kaur 07584641897	Willesden Centre for Health, London, NW10 3R
Brent South Kilburn Matron: Kindy Kaur 07584641897	Hillside Primary Care 150 Hilltop Avenue, NW10 8RY

Community Specialist Palliative Care North Brent - St Luke's

Operates: Mon- Sun 08:30- 16:30

Tel: 0208 382 8013
Out of Hours Tel: 020 8382 8000 calls will
be taken by a nurse on via inpatient unit

Email: **Lnwh-tr.referralsstlukes@nhs.net**

Areas: Queensbury, Fryent, Welsh Harp,
Barnhill, Kenton, Northwick Park,
Preston, Sudbury, Wembley Central,
Alperton, Tokyngton



**Pembridge Hospice
All Brent**

Mon-Fri 08:30 -17.00

Tel: 020 8102 5399

Email: CLCHT.spa.referral@nhs.net

- Medical outpatients, inc. weekly specialist pain clinic
- Individual holistic assessments & treatment
- Supportive therapies i.e. bisphosphonates
- Palliative rehabilitation & enablement (OT & physio): exercise groups, falls prevention, breathlessness, Support for carers' burden
- Complimentary therapy including relaxation classes, massage, aromatherapy,
- Advance care planning
- Celebration events
- Facilitated patient peer support group
- Social work & counselling / bereavement

**St John's Hospice
All Brent**

Mon-Fri (exc Wed)
09:00-16:00

Patients can be seen for outpatient consultations on Wednesdays.

Tel: 020 7806 4038

Email:
Clccg.stjohnsreferrals@nhs.net
stjohns.daycentre@nhs.net

- Assessment and management of symptoms
- Psychological support & Social Support
- Respite for families and carers
- Support with medication and palliative rehabilitation
- Members of the day centre MDT including nursing, physiotherapy, occupational therapy, medicine, social work and spiritual care
- Exercise Programme & Well-being groups
- Art Activities
- Podiatry clinic
- Social Interaction and peer support
- Complimentary Therapies including massage, reiki, reflexology and acupuncture

**Marie-Curie
Hampstead Hospice
All Brent**

Mon-Fri 09:00-17:00

Tel: 020 7853 3420 /
0207 853 3449

Email:
lat.outpatientunit.hampsteadhospice@nhs.net

- Assessment, management and monitoring of symptoms, which may include pain, breathlessness and fatigue
- Physiotherapy & Occupational therapy, Gym
- Dietician
- Psychologist
- Social work and Counselling for adults and children
- Art and music therapy & spiritual and religious care
- Complementary therapy – acupuncture, aromatherapy, craniosacral therapy. Massage, reflexology, relaxation, reiki and sound bath
- Carers clinic
- Emotional & practical support

**St Luke's Hospice
North Brent**

Mon-Fri 09.00–16.30

Tel: 0208 382 8127

Email
nhswlccg.wellbeingcentre-stlukes@nhs.net

- Medical outpatients
- Individual assessment & treatments
- Physiotherapy, exercise groups, falls prevention
- Supportive therapies clinic i.e. bisphosphonates, blood transfusions, bloods etc.
- reflexology, acupuncture and sound therapy.
- Day activities – Art and Craft, Gardening, Social and creative activities, Biography
- Social work – Emotional and practical support

Lymphoedema

Mon-Fri 09:00-17:00

Tel: 0207 078 3815

1-week response



Pembridge Hospice

**Bereavement &
Social work** – only for
those known to
palliative care service
Tel: 020 8102 5000

**Education / meeting
facilities**

Tel: 020 8102 5000
Email
clcht.pembridgeunit@
nhs.net

St John's Hospice

**Bereavement,
Social Work**

Mon – Fri
09:00-17:00
Tel: 020 7078 3816

**Marie Curie
Hospice
Hampstead**

**Bereavement
support**

Only for those
known to hospice

**Education /
meeting facilities**

Tel: 0800 090 2309
Email
[https://www.mariecu
rie.org.uk/help/supp
ort](https://www.mariecurie.org.uk/help/support)

St Luke's Hospice

**Patient/Family
Support**

Only for those known
to the hospice.
Internal or external
referral. Social Work
and Bereavement
service.

Mon-Fri 09.00-1700
Tel: :020 8382 8024

Education

Email:
Education@stlukes-
hospice.org
0208 382 8015

[www.stlukes-
hospice.org](http://www.stlukes-hospice.org)

Bereavement & Education

**Specialist Palliative Care****Meadow House Hospice**

Telephone: Mon-Fri 0830-1630: **0208 967 5179**

Telephone: Sat-Sun (&BH) 0900-1700: **0208 242 5817**

Hospice Ward – 24 hr telephone support: 0208 967 5597 (Have access to 24/7 SPC Consultant on call)

Email: referralsmeadowhouse@nhs.net

Marie-Curie Rapid Response Service**Marie Curie Rapid Response for EOLC patients – for Ealing & Hounslow**

7-day service 6pm-7am based at Meadow House Hospice

Telephone: 0208 967 5126

Rapid response for crisis intervention for terminal care, symptom management and verification of death

Marie Curie Overnight Nursing Service

7-day service 10pm-7am RN/HCA available

Referrals made via Local Clinical Coordination Centre: 0203 370 2208

Email: Mclondon.referrals@nhs.net

One to one overnight nursing support for patients in their last few weeks of life

District Nursing Service**District Nurses**

Mon-Sun 8-8pm

Base: Featherstone Road, Sycamore Lodge (temporary) and Greenford Green

Contact via ECP Referral hub: 0300 12345 44 email:
ealingcommunity.referrals@nhs.net

Rapid Response

Mon-Sun 8-12pm (N.B Covid19 reduced opening, provides response provided for emergency referrals)

Base: Clayponds Hospital

Contact via ECP Referral hub (please call to make a referral): **0300 12345 44**



Specialist Palliative Care: Inpatient Hospice

Pembridge Hospice (In patient unit suspended)

24/ hour 7 days a week clinical advice line and OOH access to on-call consultant

Telephone: 020 8102 5000

Email: Clcht.spa.referral@nhs.net or clcht.pembridgeunit@nhs.net

Royal Trinity Hospice

24/7 Hours clinical advice line OOH access to on-call consultant

Telephone: 0207 787 1062

Community Specialist Palliative Care

CNS Advice and visiting service

Pembridge Palliative Care Services Community Nursing Team (North)

Telephone: Mon-Fri 0830-17:00 **0208 102 5383**

Telephone: OOH **0208 102 5000**

Royal Trinity Hospice (South)

Telephone: Mon-Sun 09:00 – 17:00 **020 7787 1062**

District Nursing Service

CLCHT H&F Day Team

Mon-Sun 08:00- 20:00

Referrals via SPA Telephone : Mon-Fri 09:00 -17:00 **0208 102 5555 option 4**

Email: clcht.spa@nhs.net

Telephone: Sat-Sun 9.00 -17.00 **SPA Tel: 0208 102 5555 option 4** (Covid-19 response)

Mon-Sun OOH Night Service

Referrals and updates before 20.00 Telephone:0208 102 5500 and leave a voicemail message

Email: clcht.nightdistrictnursingteam@nhs.net

Referrals after 20.00 for the same night Telephone: 0208 102 5500

Referrals between 20.00 & 20.30 Telephone: 111 Tel: 0208 969 7777 or 111

Do NOT leave message after 20.00 for same night referrals



Specialist Palliative Care: Inpatient Hospice

St Luke's Hospice (Inpatient unit 12 beds)

Admissions/advice

Referrals: Mon-Fri 9.00 – 16.00 Sat/Sun pre-planned admissions of known patients
9:00-15:00

For urgent admissions contact the Hospice Services Navigator

Telephone: 07593 135 303

OOH Telephone: 0208 382 8046

Email: LNWH-tr.referralsstlukes@nhs.net

Hospice at Home (14 days' intensive palliative care)

Telephone Mon-Fri 9.00 to 5pm: 0208 382 8020/8050

Email: haroccg.hospiceathomestlukes@nhs.net

24/7 advice Pall24 Helpline for North Brent and Harrow

Telephone: 03000 200 224

Email: haroccg.palliativehelpline@nhs.net

Community Specialist Palliative Care

CNS, Therapists and Consultants Advice and visiting service

Harrow Community Palliative Care Team (LNWHT)

Telephone: Mon-Fri 08:30-16:30 0208 382 8084

District Nursing Service

Harrow District Nursing Service (CLCH)

Routine monitoring tasks & syringe drivers

Telephone: Mon-Fri 08:00-20:00, Sat & BH 08:00-16:00 0300 555 8889 (option 3)

Rapid Response Team: (7/7) For prn sc medication

Telephone: Mon-Fri 08:00-20:00 0300 555 8889 (option 2)

Night Nursing Service (7/7)

Telephone: Mon-Fri 20.00-08.00 07785 632 821



Specialist Palliative Care: Inpatient Hospice

Michael Sobell House (MSH) including Harlington Hospice

Medical advice via inpatient team (24/7):

IN HOURS

Advice from Hospice medical team **Telephone: 020 8106 9208**

Visiting available via Hillingdon Community SPC Nursing Team and YLL 24/7 – see below

OOH

Advisory only - inpatient nurses and on-call consultant

Palliative overnight visiting service via Your Life Line (YLL) 24/7

Telephone: Mon – Sun 24/7 hours **0203 824 1268**

Email: nhsnwldccg.mshreferrals@nhs.net

Community Specialist Palliative Care

Hillingdon Palliative Care Nursing Team (CNWL)

Each GP practice has their own named CNS. Triage CNS manages calls and referrals each day. They have the option to escalate to consultants if needed.

Telephone: Mon-Fri (exc. bank holidays) 08:00-16:30 **0189 548 5235**

Your Life Line (YLL) 24/7 (CNWL)

Single point of contact phone line manned by specialist palliative care nurse (CNS) for end of life advice to professionals, known patients, and family and care givers.

Both 111 and 999 LAS have a direct pathway into the service if they find patients in need.

OOH Phone advice and visiting service overnight to known patient's home (including care homes)

YLL nurses have access to on-call support from palliative medical consultant (same rota as MSH Advice line).

Telephone: Mon-Sun & BH **0800 328 5697**

District Nursing Service

Hillingdon District Nursing Service (CNWL)

Telephone: Mon-Fri 08:00-0030 **0189 548 6127**


Specialist Palliative Care In Patient
Meadow House Hospice

Telephone: Mon-Fri 0830-1630: 0208 967 5179

Telephone: Sat-Sun (&BH) 0900-1700: 0208 242 5817

Hospice Ward – 24 hr telephone support: 0208 967 5597 (Have access to 24/7 SPC Consultant on call)

Email: referralsmeadowhouse@nhs.net

Marie-Curie Rapid Response Service
Marie Curie Rapid Response for EOLC patients – for Ealing & Hounslow

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Rapid response for crisis intervention for terminal care, symptom management and verification of death

Marie Curie Overnight Nursing Service

7-day service 10pm-7am RN/HCA available

Referrals made via Local Clinical Coordination Centre Telephone: 0203 370 2208

Email: Mclondon.referrals@nhs.net

One to one overnight nursing support for patients in their last few weeks of life

District Nursing Service
Community/ District Nursing 24/7(HRCT)

Telephone: Mon-Sun 07:00-19:00: **0208 744 9414**

Night Service/ Careline Telephone: Mon-Sun 19:00-07:00 : **0845 600 7413**

Specialist Palliative Care: Inpatient Hospice
Pembridge Hospice (In patient unit suspended)

24/ hour 7 days a week clinical advice line and OOH access to on-call consultant

Telephone: 020 8102 5000



Community Specialist Palliative Care

CNS Advice and visiting service

Pembridge Palliative Care Services Community Nursing Team (North)

Telephone: Mon-Fri 0830-17:00 **0208 102 5383**

Telephone: OOH **0208 102 5000**

Royal Trinity Hospice (South)

Telephone: Mon-Sun 09:00 – 17:00 **020 7787 1062**

St John's Hospice

Telephone: Mon-Sun 08:30 -16:30: **020 7806 4040**, Weekends/ BHs on-call rota

District Nursing Service

K&C or Westminster Day Service

Mon-Sun 08:00- 20:00

Referrals via SPA Telephone : Mon-Fri 09:00 -17:00 **0208 102 5555 option 4**

Email: clcht.spa@nhs.net

Telephone: Sat-Sun 9.00 -17.00 **SPA Tel: 0208 102 5555 option 4** (Covid-19 response)

Mon-Sun OOH Night Service

Referrals and updates before 20.00 Telephone: 0208 102 5500 and leave a voicemail message

Email: clcht.nightdistrictnursingteam@nhs.net

Referrals after 20.00 for the same night Telephone: 0208 102 5500

Referrals between 20.00 & 20.30 Telephone: 111 **Tel:** 0208 969 7777 or 111

*Do **NOT** leave message after 20.00 for same night referrals*

[NHS London Clinical Networks Bereavement Services Leaflet](#)

15.

For Local Bereavement Services refer to the Hospice website



16. CONTRIBUTORS

St Luke's Hospice, Harrow
Pembroke Palliative Care Centre, CLCH NHS Trust
St Johns Hospice, London
Meadow House Hospice, London
Michael Sobell House Hospice
Royal Trinity Hospice, London
Marie Curie
LNWHT Palliative and End of Life Care team
Imperial Healthcare NHS Trust Specialist Palliative Care Team
Royal Free NHS Trust Specialist Palliative Care Team
CNWL, Hillingdon Specialist Palliative Care Team
Brent & Harrow LPC
KCW LPC
GP OOH LCW and Practice Plus

17. ACKNOWLEDGMENTS

NHS Camden CCG

18. EQUALITY IMPACT ASSESSMENT

An Equality Impact Assessment and Quality Impact Assessment have been completed, there was no negative impact identified for the protected groups.

19. RESOURCES

1. [BMA Focus on anticipatory prescribing for end of life care](#) (accessed 17.03.2020)
2. [Scottish Palliative Care Guidelines](#) (accessed 17.03.2020)
3. Twycross R, Wilcock A (2017) Palliative Care Formulary 6th Edition
www.palliativedrugs.com
4. [RM Partners West London Cancer Alliance](#) (accessed 17.03.2020)
5. [NICE Guideline \(NG31\) Care of the Dying Adult in the last days of life \(2015\)](#)
6. [RMO London: Palliative Care and End of Life Care MAAR chart](#)

20. FEEDBACK AND QUERIES

For further information about this pack please contact nhsnwccg.endoflife@nhs.net.

[illegible]

2. 24 HOURS CONTINUOUS SUBCUTANEOUS INFUSION (SYRINGE PUMP)



AUTHORISATION CHART V4

NB: If more than one syringe pump is being used at the same time, please use a separate Authorisation Chart for each pump, and indicate here:
Pump (insert no) of (insert no)

This document should remain with the patient. These charts are only for injectable medicines.

Tick this box if another Community Drug Chart is in use e.g. for Patches, Enemas etc. ☐

Palliative Care Team Contact Details:

AHOSPICE

Authorising clinician name and GMC/NMC/GPhC number:

A Clinician GMC No 8910

Patient Information

Patient Name: A.Patient

NHS No: 1234

D.O.B 23.03.1946

Weight (for children):

Allergies and Adverse Reactions

No Known Allergies: ☐

Known Allergies ☒

If required, seek source of allergy

List Medicine/Substance and Reaction:

Penicillin - Rash

Print, Sign & Date: A Clinician A.Clinician 19.02.2022

Check if there is an analgesic transdermal patch: Y ☐ N ☐ Drug name: Dose:

Pain and / or Breathlessness

Date: 19.02.2022

Medication:

Morphine Injection 10mg/ml

Dose range: 5mg to 30mg
(over 24 hours)

Authoriser sign & print:

A.Clinician A Clinician

Nausea / Vomiting

Date: 19.02.2022

Medication:

Haloperidol 5mg/1ml

Dose range: 1mg to 5mg
(over 24 hours)

Authoriser sign & print:

A.Clinician A Clinician

Agitation / Distress

Date: 19.02.2022

Medication:

Midazolam Injection 10mg/2ml

Dose range: 10mg to 30mg
(over 24 hours)

Authoriser sign & print:

A.Clinician A Clinician

Respiratory tract secretions

Date:

Medication:

Dose range
(over 24 hours):

Authoriser sign & print:

Other medication – specify indication here:

Date:

Medication:

Dose range:
(over 24 hours)

Authoriser sign & print:

Other medication – specify indication here:

Date:

Medication:

Dose range:
(over 24 hours)

Authoriser sign & print:

Diluent

Date: 19.02.2022

Diluent: Water for injection

Authoriser sign & print:

A.Clinician A Clinician

4. CONTROLLED DRUG STOCK BALANCE CHART V4

Patient Name:			Controlled Drug name:		
DOB:			Form:		Strength:
NHS Number:			Page no:		

Date	Time (24hr clock)	Opening stock balance (no. of ampoules)	Stock received			Medication administered				Closing stock balance (no. of ampoules)	Sign & print
			Stock received (no. of ampoules)	Batch number	Expiry Date	Dose given (milligram / microgram)	Amount wasted (milligram / microgram)	Batch number	Expiry date		
	Closing stock balance transferred to new balance page no								Sign & print:		
	OR										
	Closing stock balance disposed of – enter details of disposal in patient notes.								Sign & print:		

If you discover an error or discrepancy, please ensure you report in line with local policies and procedures

5. NON- CONTROLLED DRUG STOCK BALANCE CHART V4



Patient Name:						Non-Controlled Drug name:					
DOB:						Form:				Strength:	
NHS Number:						Page no:					
Date	Time (24hr clock)	Opening stock balance (no. of ampoules)	Stock received			Medication administered				Closing stock balance (no. of ampoules)	Sign & print
			Stock received (no. of ampoules)	Batch number	Expiry date	Dose given (milligram / microgram)	Amount wasted (milligram / microgram)	Batch number	Expiry date		
Closing stock balance transferred to new balance page no									Sign & print:		
OR											
Closing stock balance disposed of – enter details of disposal in patient notes.									Sign & print:		

If you discover an error or discrepancy, please ensure you report in line with local policies and procedures

6. 24 HOURS CONTINUOUS SUBCUTANEOUS INFUSION FROM A SYRINGE PUMP ADMINISTRATION RECORD AND CHECKLIST V4

This document should remain with the patient.

Patient name:				DOB:													
NHS number:				SERIAL NO. on pump:													
1. Set up pump																	
Start Date																	
Start Time																	
Battery life remaining %																	
Volume to be infused (mL)																	
Rate set mL/hr																	
Infusion site																	
Syringe size and Brand																	
Time infusion to finish (hrs/mins)																	
Tick box to confirm additive label attached to syringe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										
2. Contents of syringe																	
Date																	
Medication																	
	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:										
	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:										
	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:										
	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:										
	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:	Dose: Batch no.: Expiry Date:										
Sign and print:																	
3. Check pump while in use																	
Time																	
Battery light flashing Green? (yes/no)																	
Battery life remaining %																	
Spare battery available? (yes/no)																	
Rate on display pad (mL/hr)																	
Volume to be infused (mL)																	
Visual volume checked (yes/no)																	
Volume infused																	
Time remaining (hrs/mins)																	
Syringe line & contents clear? (yes/no)																	
Is the infusion site condition okay? (yes/no)																	
Keypad locked (✓)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Patient comfortable? (yes/no)																	
Any action required? (yes/no)																	
Sign and Print																	

An editable version is hosted by [RMOC London: Palliative and End of Life MAAR chart](#). EMIS template for auto-populating is also available via resource publisher